9/29/2015

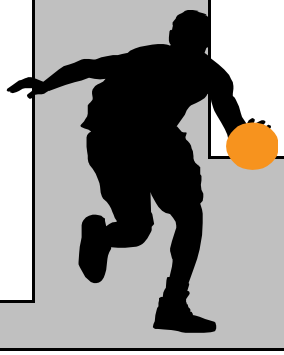
City of Boulder

EBCC Gym Schedule

OCTOBER

Emplyee Health Fair 10/6 & All Day Camp on 10/12

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30am	**Open Gym** 5:30-7:00	**Open Gym**	**Open Gym** 5:30-7:00	**Open Gym**	**Open Gym** 5:30-9:00		
6:00am		**Drop-in MRT** 6:15-7:00 (not on 10/6)		**Drop-in MRT** 6:15-7:00			
6:30am							
7:00am	**Bootcamp** 7:00-8:00	**Open Gym** 7:00-8:30 not 10/6	**Bootcamp** 7:00-8:00	**Open Gym** 7:00-8:30		**Open Gym**	
7:30am							
8:00am	**Open Gym** 8:00-9:00 (not 10/12)		**Open Gym** 8:00-9:00			**Drop-in Carve** 8:00-9:00	**Open Gym**
8:30am		**Drop-in Boulder Lift** 8:30-9:30 (not on 10/6)		**Drop-in Boulder Lift** 8:30-9:30			
9:00am	**Drop-in Boulder Lift** 9:00-10:00 (not on 10/12)		**Drop-in Boulder Lift** 9:00-10:00		**Drop-in Total Body Fit** 9:00-10:00	**Drop-in Carve** 9:00-10:00	**Special Olympics Volleyball** 9:00-3:00 only 10/18
9:30am							
10:00am					**EXPAND Friday Fun** 10:15-11:30		
10:30am		**Quad Rugby** 10:30-1:30 (not on 10/6)					
11:00am	**Open Gym** 10:00-5:30 (not on 10/12)		**Open Gym** 10:00-12:30			**Open Gym** 10:00-6:00	
11:30am					**Open Gym** 11:30-3:30		
12:00pm		**Open Gym** 9:30-4:00 (not on 10/6)		**Open Gym** 9:30-3:30			
12:30pm							
1:00pm							
1:30pm	**Drop-in Snr Vball** 1:30-3:30		**Adult Volleyball** 12:30-4:30		**Drop-in Snr Vball** 1:30-3:30		
2:00pm							
2:30pm						**Gonzo Tennis** 1:00-4:00 only 10/31	
3:00pm							
3:30pm	(Gonzo Tennis Gym B on 10/26) Super Tots 3:30-5:30	**Drop-in All Ages Bball** 3:30-5:00		**Gonzo Tennis** 3:00-5:30 only 10/29	**Drop-in All Ages Bball** 3:30-5:00		
4:00pm		**Expand Sports** 4:00-6:30	**Youth Volleyball** 4:00-6:00 starts 10/21	EXPAND Vball 4:00-5:30			
4:30pm							
5:00pm		**Open Gym** 5:00-9:30					**Open Gym** 3:00-8:00
5:30pm				**Women's Volleyball 5:30-9:30**	**Open Gym** 3:30-9:30		
6:00pm							
6:30pm		Women Vball 6:30-9:30	**Women's Volleyball 6:30-9:30**				
7:00pm	**Open Gym** 5:30-9:30				**Drop-in Co-Ed Vball** 7:00-9:30		
7:30pm							
8:00pm							
8:30pm							
9:00pm							
9:30pm							



GYM SCHEDULE IS SUBJECT TO CHANGE AT ANY TIME

For more information call 303-441-3448 or go to Http://www.boulderparks-rec.org